

## Useful Websites

**School Health Nursing Service:** [www.hacw.nhs.uk/starting-well/](http://www.hacw.nhs.uk/starting-well/)

**Your choice, Your Life:** <https://ylc.worcestershire.gov.uk/>

**NHS choices:** [www.nhs.uk/pages/home.aspx](http://www.nhs.uk/pages/home.aspx)

## Contact Details

If you need to speak to a School Health Nurse, please contact us using the details below.

**Worcester: Henwick**  
Halt Medical Centre  
01905 681909

**Wychavon**  
Droitwich Medical  
Centre  
01905 681033

**Wyre Forest**  
Kidderminster Health  
Centre  
01562 514555/  
514637

**Redditch:**  
Crabbs Cross Clinic  
01527 488780

**Evesham Hospital**  
01386 502576

**Malvern**  
Prospect View Medical  
Centre  
01684 612784

**Bromsgrove:**  
Catshill Clinic  
01527 488335

**Pershore Medical  
Centre**  
01386 502067



Information for patients  
Starting Well Public Health Nursing Service

# School Health Nursing – 1<sup>st</sup> and Primary Schools

### Do you have a concern, complaint or comment?

If you wish to make a compliment, comment or complaint please contact: Patient Relations Team, Worcestershire Health and Care Trust, Isaac Maddox House, Shrub Hill Road, Worcester, WR4 9RW  
**Tel: 01905 681517 Email: [Whcnhs.pals@nhs.net](mailto:Whcnhs.pals@nhs.net)**

### Do you have a communication or information support need?

If so please contact the person who gave you this leaflet so that those needs can be recorded and responded to.



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## Who We Are

The School Health Nursing Service is part of the integrated Starting Well service with the Health Visiting team. They are registered nurses who have undertaken specialist training in public health for children, young people and families and whom are supported by trained Health Care Support Workers. Together we work with local communities, families and individual children in different settings, including homes, parenting support, schools and GP surgeries, to provide an essential link between school, home and community that promotes the safeguarding and wellbeing in the following ways:

- Home Visits
- National Child Measurement Programme
- Hearing Screening
- Health needs assessments
- Safeguarding
- Liaison and referral
- Health Prevention, education and training
- Signpost to other services
- Enuresis (Bedwetting) Advice [www.eric.org.uk](http://www.eric.org.uk)

School Health Nurses liaise with other agencies to identify any health and development concerns and may contact you to discuss these further. The School Health Nurse can refer to other health professionals and agencies as necessary. These may include:

- Health Visitors
- Teachers
- Reach4Wellbeing
- GPs
- Social Workers
- CAMHS
- Parenting Support

## The services we provide:

**Community (your neighbourhood):** School Health Nurses lead in ensuring that you know what services are available to you within the community and that they are accessible to everyone.

**Universal Service (offered to every family):** School Health Nurses lead and deliver the healthy child programme to ensure a healthy start for every child. This includes promoting positive physical and mental health, supporting parents and assessing the health and development of children and young people.

**Universal Plus (further support for families):** School Health Nurses are able to support parents, children, young people and families when they need extra help. Some examples include support with specific parenting issues, enuresis, emotional difficulties and bullying.

**Universal Partnership Plus (families who need additional support):** School Health Nurses are able to provide on-going support, with extra assistance from a range of local services working together with the family to deal with more complex issues over a period of time. Some examples include special educational needs, drug and alcohol misuse, child and adolescent mental health services, looked after children and young carers. They work with other agencies together to protect and ensure children are safe.

## Dental Health

We recommend that before your child starts school you register them at your local dentist. It's never too early to start your child on the right path. A regular teeth-cleaning routine and annual check ups with a dentist are essential for good dental health. It's important to use a fluoride paste as this helps prevent and control tooth decay. **If your child is not currently registered with a dentist then please ring 111 or visit [www.nhs.uk/serviceSearch/Dentists/locationsearch](http://www.nhs.uk/serviceSearch/Dentists/locationsearch)**

## Starting School

At entry to school the School Health Nurse will review your child's health needs as per Healthy Child Programme (5-19). As part of this process they will offer your child a Hearing Screening, a height and weight check and also an opportunity to speak to the School Health Nurse if you have any concerns.

## Your Child's Needs

- Registered with a doctor.
- Have regular dental and eye checks. These are free whilst the child or young person is still at school.
- If your child wears glasses, please ensure they have them with them at all times.
- If your child is taking medication, please inform the school.
- An invaluable source of information and support
- It is important that children receive their pre-school immunisations to give them the best protection against serious childhood diseases. If your child has missed any immunisations you can ask your surgery or clinic about catch up doses.