



*Starting Well Wyre Forest: Parenting & Community  
Team would like to invite you to our top-tips for  
parents/carers sessions...*

Coping with Change

16th March—Coping with change information for under 10 year olds  
1—2pm

23rd March—Coping with change information for children age 10  
years and over 1—2pm

To receive details on how to join these webinars please contact  
[admin.wyreforest@barnardos.org.uk](mailto:admin.wyreforest@barnardos.org.uk)

Family Hubs Brookside 01562 827207 Half Crown Wood 01299 877920



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Let's get talking, listening & understanding our children

8th March—Let's get talking, listening & understanding our  
children – The importance of communicating 11am—12noon

15th March—Let's get talking, listening, understanding our  
babies/toddlers 11am—12noon

29th March—Let's get talking, listening, understanding our  
primary age children 11am—12noon

19th April—Let's get talking, listening, understanding our  
teenagers 11am—12noon

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The Importance of Routines and establishing  
good sleeping habits

12th March—Importance of routines under 10 year olds 10—11am

19th March—Importance of routines 10 years and above 10—11am

23rd April—Better sleeping habits for under 10 year olds 10—11am

30th April—Better sleeping habits for 10 years and over 10—11am

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Sensory Differences

9th March—Sensory Differences—Understanding our senses  
10—11am

23rd March—Sensory Differences—Strategies to support 6-11  
year olds 10—11am

13th April—Sensory play for 0-5 year olds 1—2pm

4th May—Sensory Differences—Strategies to support children  
12 years and over 1—2pm

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