



5<sup>th</sup> July 2022

#### RE: Free Learn to swim course for children on free school meals

Wyre Forest Swimming Club has been up and running for 23 years and we feel passionate about swimming as a vital life skill. In addition, we believe the sport brings huge health and wellbeing benefits. We want to help promote swimming throughout the Wyre Forest and ensure everyone can safely enjoy the water.

Our club has teamed up with Worcestershire Council to deliver free Learn to Swim sessions for children entitled to free school meals. The programme is a part of this summer's Holiday Activity and Food (HAF) Programme.

### Our offer for Summer 2022

Wyre Forest swimming club is offering children aged 5 to 12 an opportunity to learn to swim this summer by providing them with lessons over a 4 week period. Swimmers will receive a welcome pack and healthy snack daily.

The programme will be run from King Charles Secondary School and led by our qualified learn to swim teachers and supported by our club swim helpers. Children will be in small classes with others of a similar ability.

This offer will allow children to develop essential aquatic skills they need to be confident, competent, and safe in the water as well as develop friendships and a relationship with the club.

Following the completion of the summer programme, each child we will be offered a further 4 free learn to swim session with the club. This will enable them to carry on developing the skills beyond the summer.

## Before you book on what you need to know?

- Each child booking on will be offered 16 sessions of swimming.
- We recommend that all children attend a minimum of 80% of the sessions (12 out of the 16 sessions) to enable them to make good progress.
- There are 5 different time slots you can chose from you will be expected to attend the same time slot every day:

	Week 1	Week 2	Week 3	Week 4 22 <sup>nd</sup> August
A A	1st august 2020	8th August	15th august	Monday to
	Monday to	Monday to	Monday to Thursday	Thursday
	Thursday	Thursday		
timeslot 1	12.00 -12.45	12.00 -12.45	12.00 -12.45	12.00 -12.45
timeslot 2	12.45 -1.30	12.45 -1.30	12.45 -1.30	12.45 -1.30
timeslot 3	1.30 -2.15	1.30 -2.15	1.30 -2.15	1.30 -2.15
timeslot 4	2.30 - 3.15	2.30 – 3.15	2.30 – 3.15	2.30 – 3.15
timeslot 5	3.15 – 4.00	3.15 – 4.00	3.15 – 4.00	3.15 – 4.00

Registered Charity: 1128317 WFSC.ORG.UK





# How to book your child on to our Learn to Swim Course?

If you think your child would benefit then please complete following steps:

- Register your children for the HAF programme using the following link www.haf-it.co.uk
- 2. Put "learn to swim" in the Key word search and look for the Wyre Forest Swimming Club Learn to Swim Course
- 3. Book your children on to the course

# What will happen next?

Once you have booked on you will get a generic confirmation email of your booking

As a club we will also be notified and we will get in touch with you with more information about the sessions and what to bring.

If you have any questions please email <a href="mailto:emily.connolly@wfsc.org.uk">emily.connolly@wfsc.org.uk</a>

Hoping to see you and your child this summer!

**Best Wishes** 

Wyre Forest Swimming club

Registered Charity: 1128317 WFSC.ORG.UK