



Starting Well Partnership
EVERY CONTACT SHAPES A LIFE

Worcestershire 0-19 Starting Well Partnership

School Health Nurse Reception Presentation

Provided by:



In partnership with:



Who are we?

We're a partnership...



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Provided by:



Herefordshire and Worcestershire
Health and Care
NHS Trust

In partnership with:



Who are we?



Starting Well Partnership Team

Our team consist of practitioners with a range of skills and expertise including:

- Public Health Nurses (Health Visitors and School Health Nurses)
- Parent Support Workers
- Community Public Health Nurses
- Community Health Connectors
- Health Care Support Workers
- Community Nursery Nurses
- Volunteers and Peer Supporters
- Breastfeeding Support Workers
- Business Support/Administration Staff

The Looked After Children team are part of the Starting Well delivery but based within Worcestershire Children's First.

Who are we?



Within Worcestershire the School Health Nursing Service is delivered by teams comprising of:

- Specialist Community Public Health Nurses for School-aged children
- Community Public Health Staff Nurses
- Health Care Support Workers

As part of our team we also have Parenting Support Workers and Community Health Connectors as well as Administrators and Volunteers all working together to provide the Healthy Child Programme.

Additionally we also work alongside other healthcare practitioners and other professionals such as schools and Police.



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What we do?

- The School-aged Health Nursing Service will take over delivery of universal services from the Health Visitors once your child is of an age where they are eligible to start school.
- We are not based in schools all the time, but we do provide sessions within schools as well as within the community providing support when it is needed.
- Our aim is to assess, monitor and respond to children's health needs throughout their school life

If you have any worries or concerns about your child's growth and/or development contact the School-aged Health Nursing Service. Contact details are in the leaflet provided.



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Your child in school should:

Be registered with a doctor



Visit the dentist regularly



Visit the opticians regularly
and have access to
prescription glasses
within school



Have had all their
immunisations



School-aged Health Team involvement in schools includes:

- Health Assessment Questionnaires
- Health Screening
- Healthy Eating/Lifestyle Advice
- Sleep Advice
- Behaviour Management
- Signposting and Referrals to other professionals as needed.





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During your child's reception year:

SchoolScreen[®]
PARENT PORTAL



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School Screener Parent Portal:

By using the School Screener we will communicate with parents regarding their child's important health information.

This is a secure, web based parental communication and information system, the School Screener Parent Portal.

Through this portal, parents and guardians will have secure, 24-hour access to personalised data for their children via one username and password using their mobile, tablet or desktop device.

It's GDPR-compliant, so parent and child personal data is safer, too.

Parents will have instant and easy access to information about their children, for their hearing screening results and referrals, NCMP results and Health Needs Assessments and other important communications from the NHS and relevant Health Teams.

All communication will be displayed in the portal and can be downloaded or viewed instantly making it easy to receive and retrieve information quickly and easily.



Short video explaining School Screener

<https://www.youtube.com/watch?v=QUO22QXeoZ8&t=8s>



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During your child's reception year:

School-aged Hearing Screening is recommended as part of the Healthy Child Programme. Hearing Screening is offered to all children in Reception within Worcestershire schools and is carried out by our Health Care Support Workers.

Any child who does not pass the hearing screening will be offered a second test 10-12 weeks later and referred on to Audiology at the hospital for further assessment if necessary.





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During your child's reception year:

The National Childhood Measurement Programme (NCMP) is a national programme and every child in Reception and Year 6 are offered the opportunity to have their height and weight checked. Results will be accessible to you following screening and will identify the Body Mass Index (BMI) category your child is in. We will send you further information closer to the time of us visiting your child's school. You will have the opportunity to opt your child out.



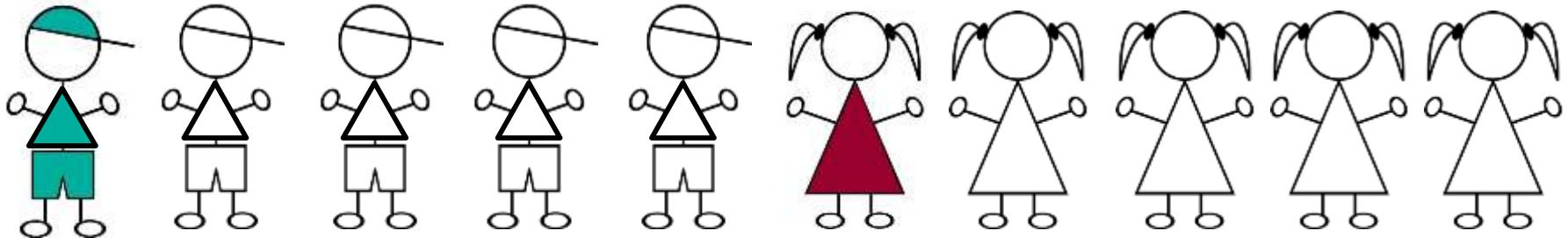


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National Child Measurement Programme

National Child Measurement Programme 2015/16

One in five children in Reception is overweight or obese (boys 22.7%, girls 21.5%)

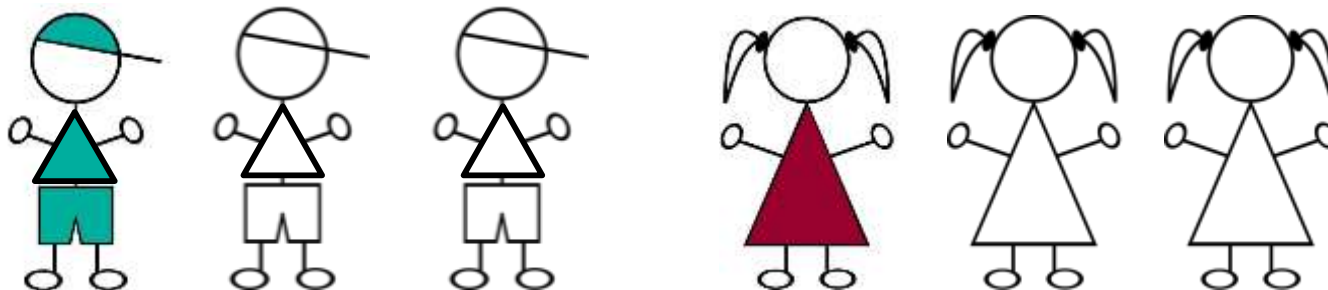


National Childhood Measurement Programme 2020/21

In Reception, obesity prevalence increased 9.9% in 2019/20 to 14.4% in 2020/21

National Child Measurement Programme 2015/16

One in three children in Year 6 is overweight or obese (boys 36.0%, girls 32.3%)



National Childhood Measurement Programme 2020/21

In Year 6, obesity prevalence has increased 21.0% in 2019/20 to 25.5% in 2020/21



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Common Childhood Concerns:

Healthy Lifestyles



Sleep



Enuresis (Bedwetting)



Or visit our website:

www.startingwellworcs.nhs.uk



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Parenting Support:

We know being a parent isn't easy at times, so to help support you and your family, our Parenting Support Workers offer evidence-based parenting groups and courses including:

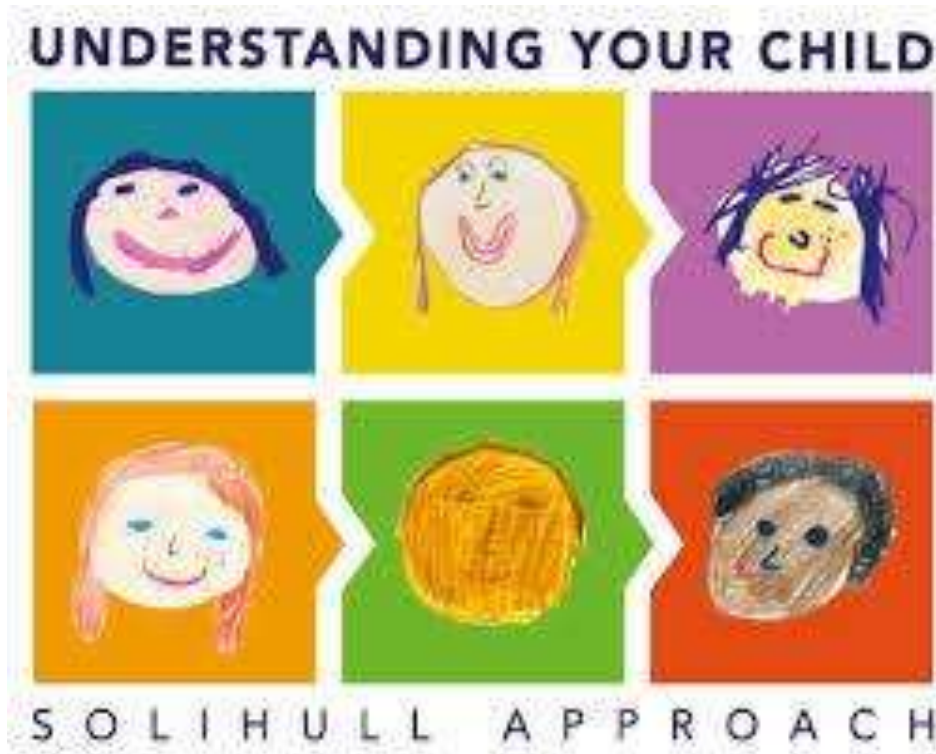
- Birth & Beyond
- PEEP
- HENRY
- Incredible Years
- Incredible Years ASD
- Understanding Your Child
- Understanding Your Teen
- Understanding Your Child ASD

<https://www.startingwellworcs.nhs.uk/parenting-groups>
<https://www.startingwellworcs.nhs.uk/parenting-courses>



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Solihull Approach:



Access for FREE!!

Did you know Herefordshire and Worcestershire Health and Care NHS Trust have PRE-PAID for every parent and carer in Worcestershire to access online courses using the access code: **PARENTSROCK**

There are courses for parents, carers and grandparents about children from bump to 19+ years.

www.inourplace.co.uk



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Young Carers:

What is a young carer?

Children and young people under 18, who provide regular and ongoing care and emotional support to a family member due to physical or learning disability, mental health issues, long-term illness, drug or alcohol dependency or other forms of addictions.

What support can they offer?

Worcestershire Young Carers is a countywide project working with children and young people who are in a caring role. They offer a range of support services to young carers and young adult carers from 7 years up to their 25th birthday.

Speak to your School-aged Health Nursing Team or pastoral team in school for more information or contact:

www.yss.org.uk

Tel: 01905 619886

youngcarers@yss.org.uk

Don't Forget:



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- *Please inform school if your child takes any regular medication or suffers from any medical conditions*
- *If you have any concerns regarding your child's health, the School-aged Health Nursing team is an invaluable source of information and support - we can offer advice either via a telephone call, by Microsoft Teams or a face to face appointment (subject to COVID restrictions).*





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Any Questions

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